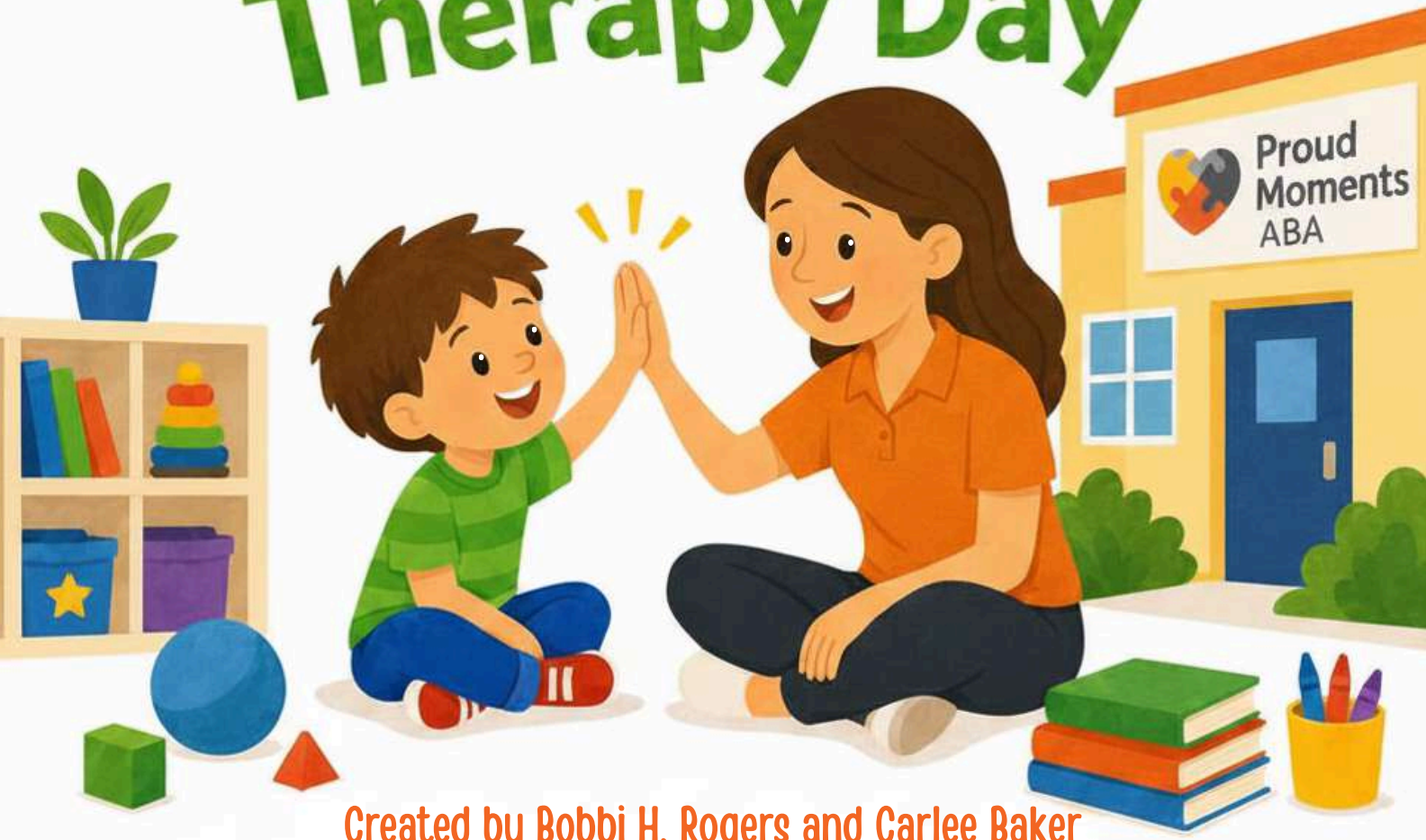
Oliver's Sunny Therapy Day



Created by Bobbi H. Rogers and Carlee Baker

A Note for Grown-Ups

Starting ABA therapy can bring lots of feelings – for children and grown-ups, too. New people, new places, and new routines can take time to feel familiar.

Oliver's Sunny Therapy Day was created to give children a warm, simple glimpse of what a day at therapy might look like. Through Oliver's story, children can see that therapy can include learning, playing, practicing new skills, taking breaks, and being celebrated for every step along the way.

Every child's experience with ABA is unique. Some skills may come quickly, while others take time, patience, and lots of practice. What matters most is creating a supportive place where your child feels encouraged to learn and grow in their own way.

We hope Oliver's story helps make the start of this new adventure feel a little more familiar – and gives your family another reason to celebrate all the Proud Moments ahead.

You and your child are not alone.
We're cheering you on every step of the way!



When Oliver was little,
Mom wondered what to do.
Some things felt extra tricky,
Though he tried his best all through.

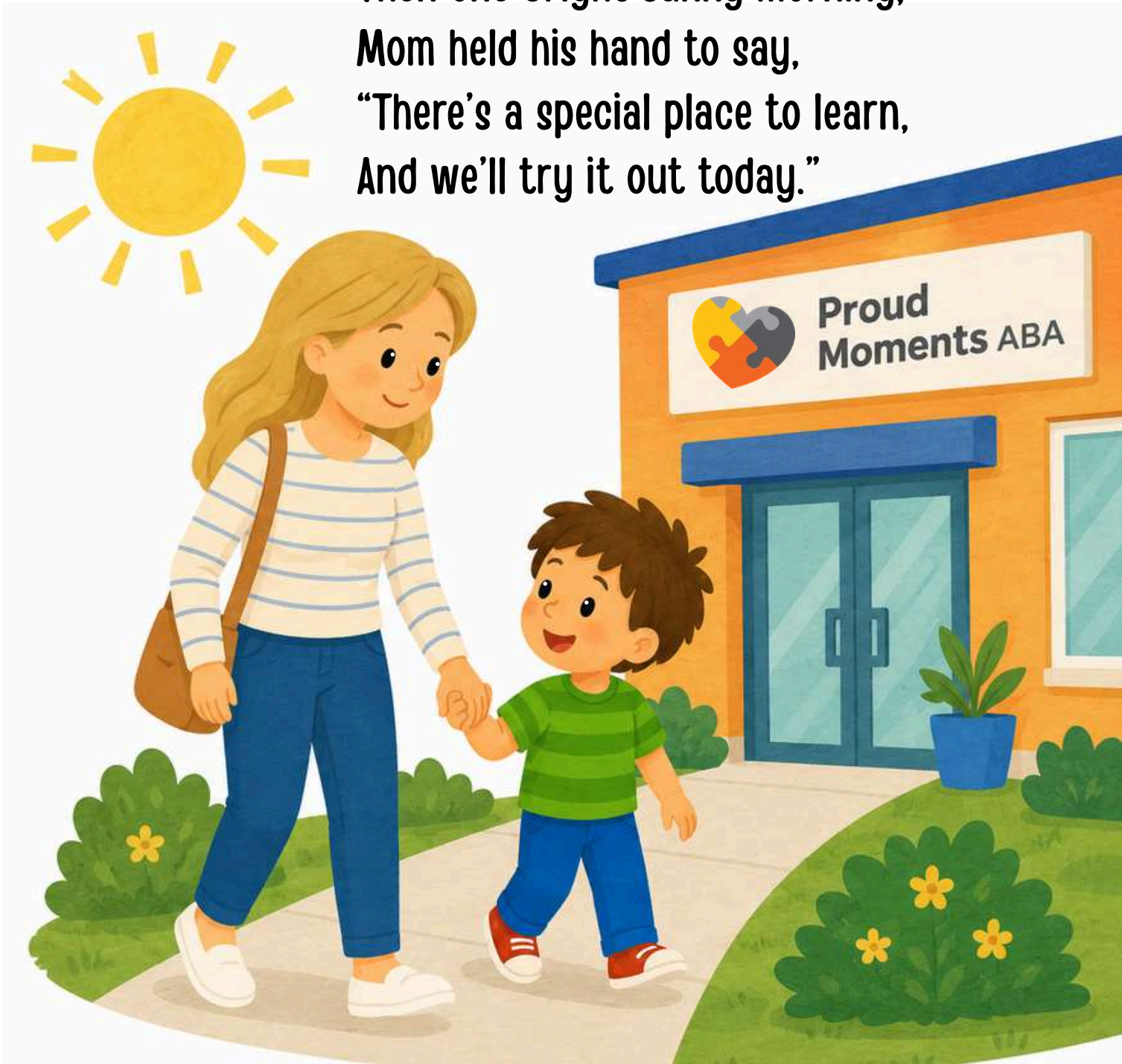


Sometimes words felt wiggly,
Like bubbles floating by.



Sometimes big loud places
Made him want to hide and cry.

Then one bright sunny morning,
Mom held his hand to say,
“There’s a special place to learn,
And we’ll try it out today.”



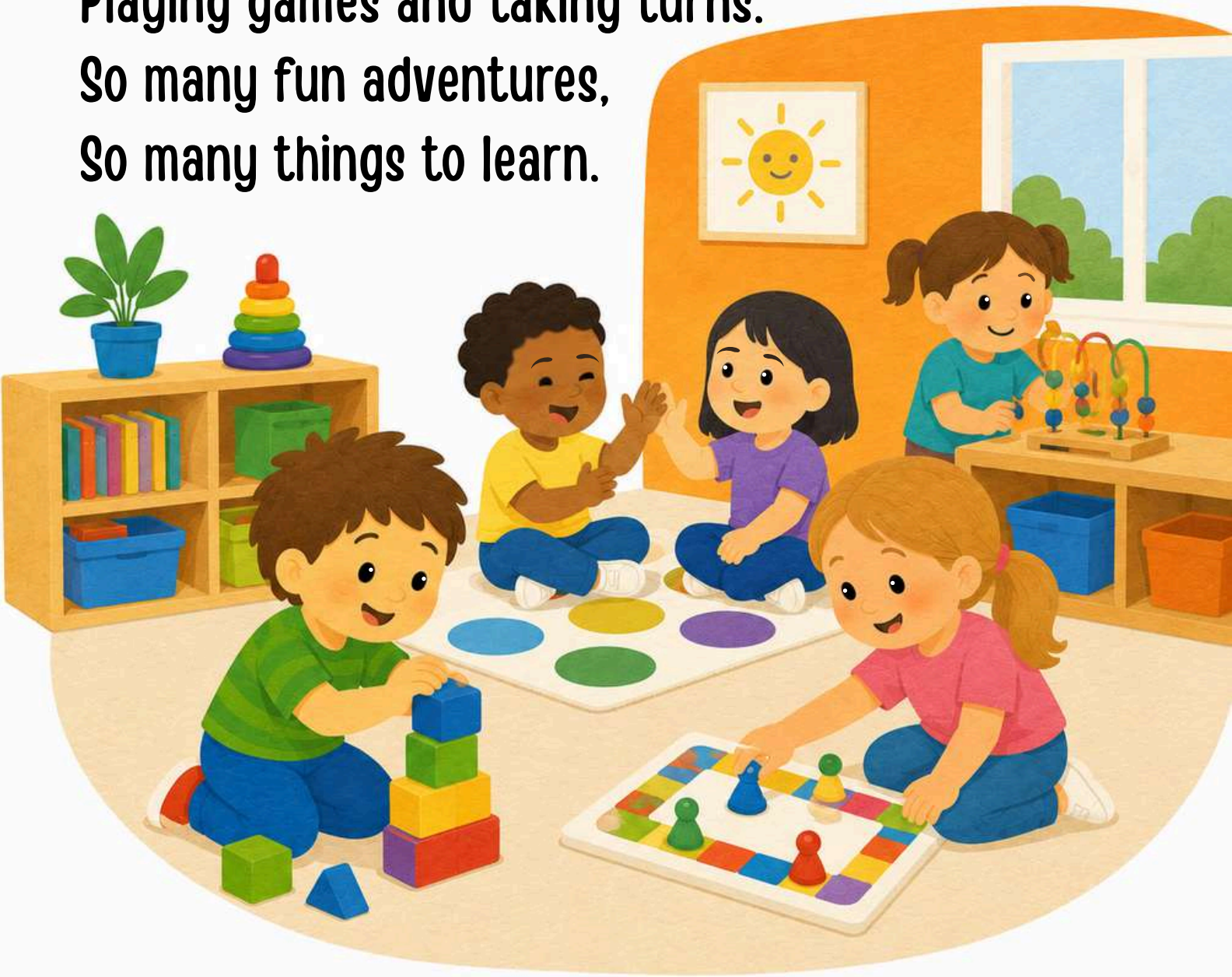
The building felt so cheerful,
Warm orange on the wall,
Like sunshine lived inside there,
Bright and glowing down the hall.



Friendly smiles came quickly.
"Hi, Oliver!" they'd sing.
The therapists seemed happy,
Like sun and rainbows in spring.



There were children laughing,
Playing games and taking turns.
So many fun adventures,
So many things to learn.



One room had jumping pillows,
And toys that bounced up high.
Oliver loved to wiggle,
To leap and laugh and fly.



Another room held bookshelves,
With stories stacked with care.
He'd sit and flip the pages,
Finding favorite pictures there.



Some rooms had songs and puzzles.
Some rooms had toys to spin.
In every room he traveled,
A new adventure
would begin.



He moved from room to room each day,
Trying something new.
Because each little moment
Helped him learn and grow, too.



Then came time for table work,
A cozy little space,
Where Gabbi sat beside him
With a giant smiley face.



They practiced little words together,
Slowly, one by one.
Sometimes hard and tricky,
Sometimes silly, sometimes fun.



"Ba!" he'd say. Or "More!" he'd try.
Or point to what he knew.
Gabbi smiled so proudly,
"No one works as hard as you!"

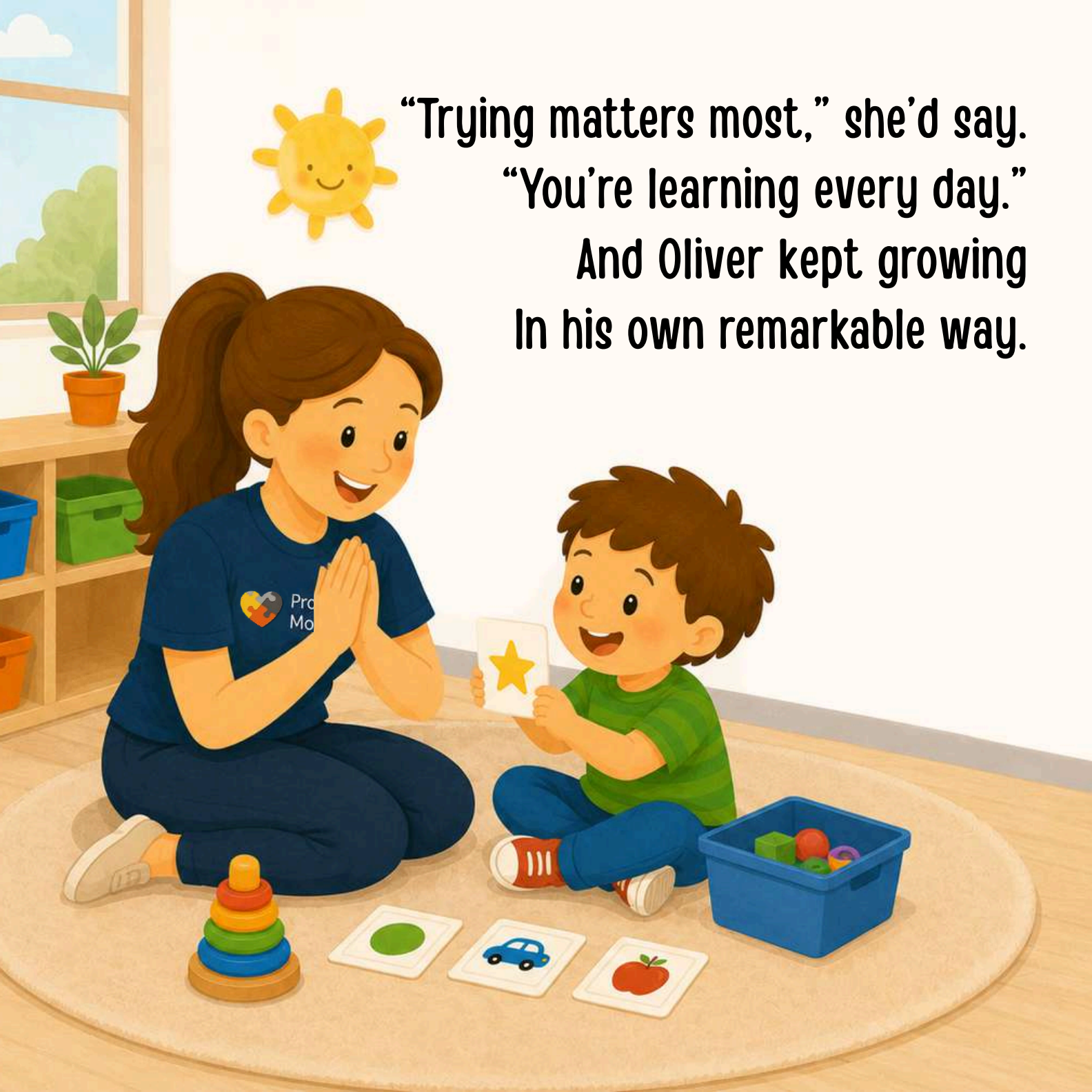


When he got the answer right,
Her smile stretched
big and wide.

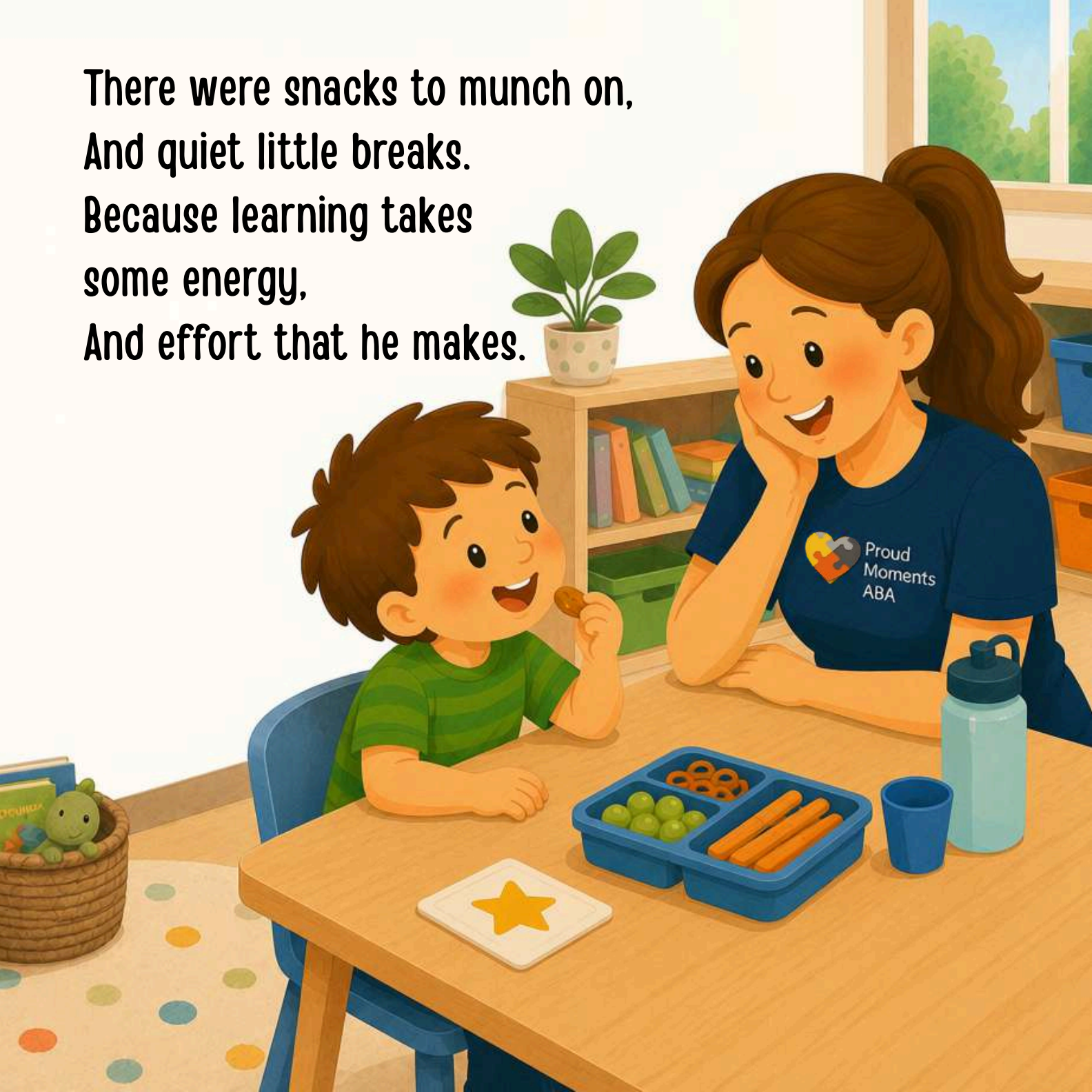


And when things felt
more difficult?
She stayed right
by his side.




“Trying matters most,” she’d say.
“You’re learning every day.”
And Oliver kept growing
In his own remarkable way.

There were snacks to munch on,
And quiet little breaks.
Because learning takes
some energy,
And effort that he makes.



Sometimes they jumped or giggled.
Sometimes they stopped to rest.
Because growing, trying, learning
Takes a person's very best.



Then, just as the day was ending,
Mom would come once more.
Oliver ran to greet her
As she walked through the door.



“What did you do?” Mom asked him.
“Oh, so many things today!”
He smiled his biggest Oliver smile,
“I learned and got to play!”



The sunny walls still glowed behind,
Like a warm and shining ray.
And Oliver felt brave inside,
Excited for this day.



Because therapy felt special,
A place where skills could grow,
Where people cheered him loudly
For every step he'd show.



Learning isn't always fast,
And growing takes some time.
But every try and every step
Can slowly start to shine.



A smile, a word, a brave new skill,
A thing once hard to do.
The world is filled with
Proud Moments,
And Oliver made them, too!



My Proud Moments



Oliver had lots of Proud Moments.
What is something **YOU** are proud of?

It could be...



Something I learned



Something I tried



Something that made me smile

My Sunny Therapy Day

Can you find the things from Oliver's day?

Look carefully. How many can you find?



Can you find?


book


star card


ball


puzzle piece


trampoline


stacking toy


snack


clock

Great job! Every find is a Proud Moment!

Every new skill begins with a try.

Follow Oliver through a sunny day at ABA therapy, where playing, learning, practicing, and growing are all worth celebrating.

Because big or small, every step forward can become a **Proud Moment.**



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