Proud Moments ABA

Oliver Learns at Home



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A Note for Grown-Ups

Starting ABA therapy can bring lots of feelings – for children and grown-ups, too. A new person joining familiar rooms and routines can take time to feel comfortable.

Oliver Learns at Home was created to give children a warm, simple glimpse of what at-home therapy might look like. Through Oliver's story, children can see that therapy can include learning, playing, practicing new skills, taking breaks, and being celebrated for every step along the way.

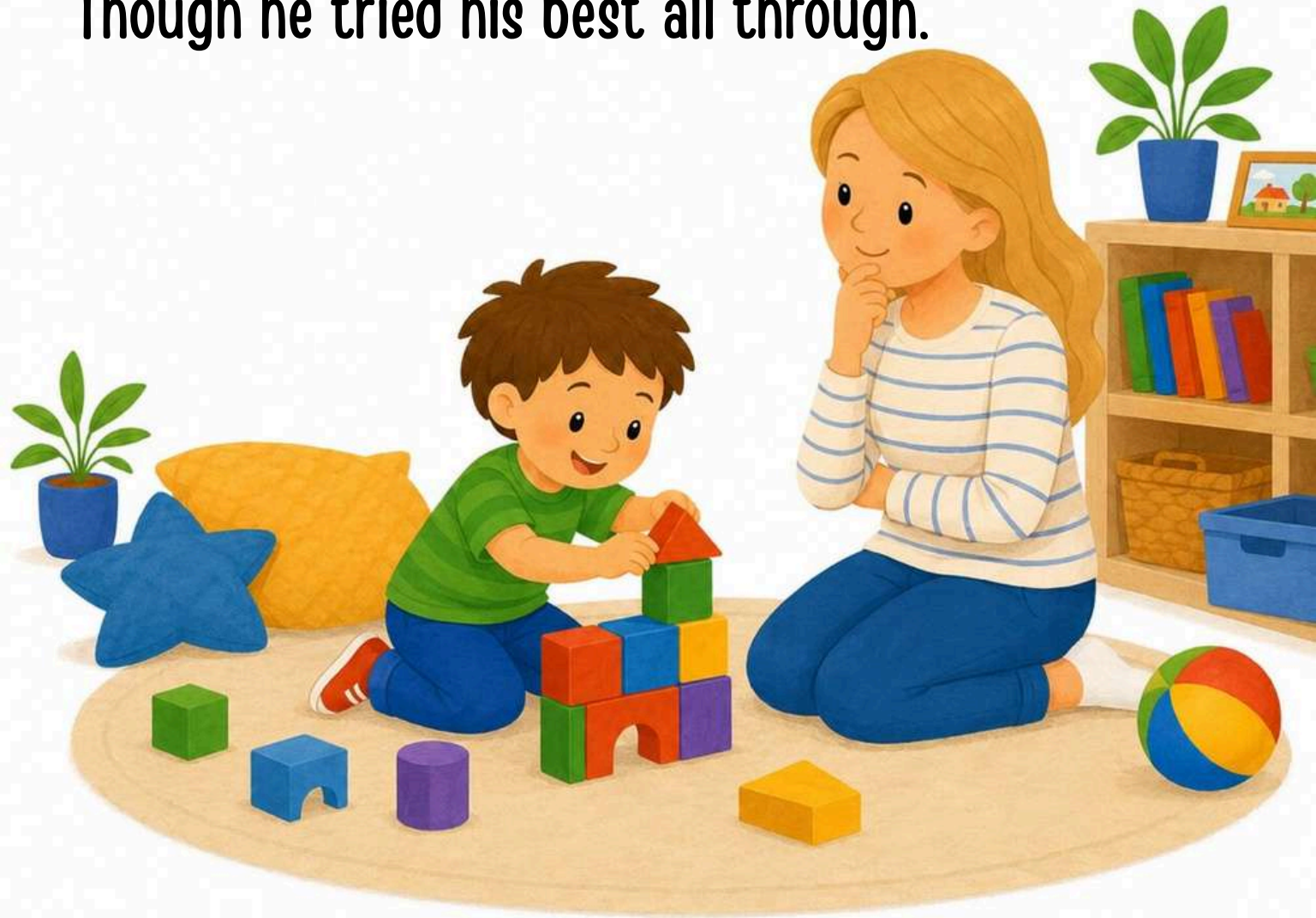
Every child's experience with ABA is unique. Sessions may happen in different parts of the home and may focus on different skills, depending on what matters most to the child and family. What matters is creating a supportive space where your child feels encouraged to learn and grow in their own way.

We hope Oliver's story helps make the start of this new adventure feel a little more familiar – and gives your family another reason to celebrate all the Proud Moments ahead.



You and your child are not alone.
We're cheering you on every step of the way!

When Oliver was little,
Mom wondered what to do.
Some things felt extra tricky,
Though he tried his best all through.



Sometimes words felt wiggly,
Like bubbles floating by.
Sometimes big loud places
Made him want to hide and cry.




Then one bright sunny morning,
Mom held his hand to say,
“There’s a special person coming,
To help us learn today.”

The doorbell rang and his visitor said,
“I’m so happy to be here.”
His therapist had arrived at last,
With smiles and happy cheer.



Sometimes they played
in the family room,
Sometimes on the floor.
Sometimes they practiced
near the table,
Sometimes by the door.





They practiced asking for breaks,
They practiced taking turns.
And little by little,
every day,
New confidence
was earned.



Some days they played with puzzles,
Or built towers up so high.
Some days they laughed at bubbles
That floated to the sky.



Sometimes Oliver wanted snacks.
Sometimes he needed space.





Sometimes big feelings
showed up
Across his worried face.



But his therapist stayed beside him,
Steady, calm, and kind.
Helping him find proud moments
When things felt hard inside.



“Great trying” she’d gently tell him.
“You’re working hard today.”
And Oliver kept trying
In his own amazing way.



Sometimes at the kitchen table
They practiced little words.
Sounds that once felt tricky
Were slowly being heard.



"Break," or "Help," or
"Play with me,"
Or pointing to what he knew.
Every tiny effort
Was something to
celebrate, too.



And oh!
The giant happy smiles
When Oliver got it right!



But even when things
felt difficult,
They still said,
“That’s alright.”



Because trying really matters.
Learning takes some time.
Every little brave step forward
Helps the stars align.



There were movement breaks and jumping,
Favorite toys and songs.
Sometimes short and silly games
Helped the day move along.



And Mom was always nearby,
Learning with him too.
Because home is where families grow,
Moms and dads can learn stuff too.



Mom learned ways to help him,
To cheer him when he tried.



To understand his quiet moments
And stand right by his side.



Then slowly, slowly, over time,
New things began to grow.
Oliver started showing
Just how much he really knows.









Maybe one new word appeared.
Maybe calmer days.
Maybe asking for a break
In brand new, brave ways.



At bedtime, Mom tucked Oliver in
And kissed the top of his head.
“You worked so hard today,” she smiled.
“I tried my best,” he said.



Because learning isn't always fast,
And growing takes some time.
But every try and every step
Can slowly start to shine.



A smile, a word, a brave new skill,
A thing once hard to do.
The world is filled with Proud Moments,
And Oliver made them too.



My Proud Moments



Oliver had lots of Proud Moments.
What is something **YOU** are proud of?

It could be...



Something I learned



Something I tried



Something that made me smile

My Sunny Therapy Day

Can you find the things from Oliver's day?

Look carefully. How many can you find?



Can you find?



book



break card



ball



puzzle piece



toy train



stacking toy



snack



teddy bear

Great job! Every find is a Proud Moment!

Oliver's Home Learning Maze

Help Oliver find his therapist for their learning time at home.

Start at Oliver. Trace the path to the finish!



START



FINISH

Every try is a Proud Moment!

Every new skill begins with a try.



Follow Oliver through a sunny day at ABA therapy, where playing, learning, practicing, and growing are all worth celebrating.

Because big or small, every step forward can become a Proud Moment.

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