

# Nature Play

## FOR LEARNING

*Spring is a wonderful time to use nature as a learning environment. Outdoor activities can help children practice communication, observation, and problem-solving skills in a fun and natural way.*

### 1. Build Language Skills Outdoors

- Name objects you see on walks
- Label colors, shapes, and textures
- Practice simple phrases like “I see a bird”
- Ask questions like “What do you see?”

### 2. Practice Following Directions

- “Find a yellow flower.”
- “Pick up three small rocks.”
- “Touch the tree.”
- “Bring the ball back.”

*Keep instructions simple and clear.*

### 3. Encourage Curiosity

- Look under rocks for bugs
- Watch ants or butterflies
- Notice how plants grow
- Ask your child what they notice

### 4. Create Simple Nature Crafts

- Leaf rubbings with crayons
- Stick or rock art
- Flower pressing
- Nature collages

### 5. Build Independence

- Let children carry a small backpack
- Help pack snacks or water
- Clean up toys after outdoor play
- Choose which activity to do next

