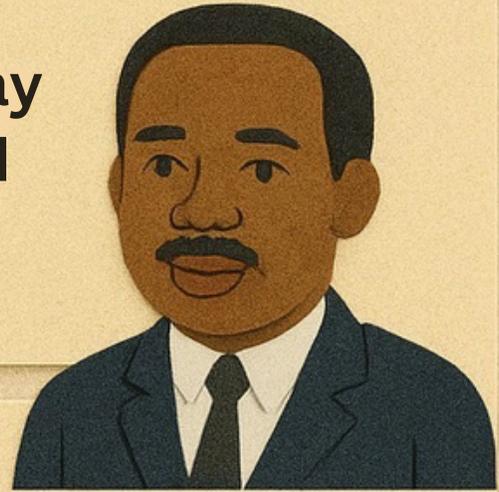# MLK DAY

What is MLK Day?

MLK Day is a federal holiday that celebrates the life and work of Dr. Martin Luther King Jr.

Who was Dr. Martin Luther King Jr.?

Dr. King was a Baptist minister and civil rights leader who fought for equality.

What did Dr. King believe?

He believed that all people should be treated fairly, no matter the color of their skin.

How can I honor Dr. King?

Helping others, volunteering, and standing up for justice are great ways to honor Dr. King's legacy.